



Volume 1, Issue 1
May 2009

The Patellofemoral Foundation's mission is to improve the care of individuals with anterior knee pain through targeted education and research

Useful Websites:

2009 Patellofemoral Research Excellence and Travelling Fellowship Awards Presented

www.patellofemoral.org

www.knee1.com

www.aana.org

Once again the Patellofemoral Foundation has generously supported the efforts of the International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS) to encourage research and expertise in the field of patellofemoral disorders.

www.kneeguru.co.uk

www.isakos.com

The Patellofemoral Research Excellence Award for 2009 has been won by C. Benjamin Ma and his colleagues Choongsoo Shin, Dana Carpenter and Sharmila Majumdar from the USA for their investigation of patellofemoral joint kinematics in anterior cruciate ligament deficient and reconstructed knees. The award consists of an honorarium whereby the research was presented at the Biennial ISAKOS meeting in Osaka, Japan and may be published in the Arthroscopy journal.

www.orthoinfo.aaos.org

The aim of the Patellofemoral Travelling Fellowship is to promote better understanding and communication regarding patellofemoral pain. A stipend is provided by the Foundation to permit visits to several centres worldwide that offer opportunities to learn about the complexities of patellofemoral pain. This year four surgeons will be given the opportunity to benefit from this fellowship. Philip Schoettle from Germany, Petri Sillanpaa from Finland and Christian Latterman from the USA will travel with Nicola Maffulli from England acting as their "godfather".

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For both awards, the number and quality of applications has increased substantially compared to two years ago, reflecting the success of the Patellofemoral Foundation in encouraging research and interest in disorders of the patellofemoral joint.

ISAKOS is very grateful for the ongoing support of the Foundation.

Julian Feller FRACS
Chair,
ISAKOS Knee Committee



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**New Administrator
for PFF**

Lea Ann Johnstone has accepted the administrator position for the PFF. We wish Ruth Tureckova all the best and thank her for her incredible work and dedication to the organization.

We would also like to take a moment to thank Deb Henneberry for her efforts as a volunteer. Without our volunteers, much of this would not be possible.

**Traveling Fellow Elvire Servien Visits US and South Africa
For Further Study**

As part of her traveling fellowship, Elvire Servien of Lyon, France visited three different surgeons in two countries on two different continents. Her report is provided below:

In June of 2009, I went to the United States to meet Dr. John Fulkerson of Farmington, CT and Dr. Anthony Schepsis of Boston, MA. I saw different surgeries, including and MPFL procedure and Dr. Fulkerson's osteotomy. But I also saw many patella-disorders I usually do not see in my practice. Indeed, when experiencing anterior knee pain in France, patients are referred to the physician for a rehabilitation protocol. We went to the lab with Dr. Fulkerson with his fellow and did an MPFL knee dissection on a cadaver. I also saw several antero-medialization osteotomies with a repeat of the anteromedial tibial tubercle transfer with Dr. Schepsis. The second interesting point was a very high rate of patients with previous lateral retinaculum release (two or three recurrent procedures) coming to see a "patella surgeon expert". With Professor Schepsis, the dynamic CT-scan was a very interesting exam and was performed in order to analyze patello-femoral tracking during flexion.

My second destination was South Africa , where I visited Dr. Spike Erasmus. I saw his technique for MPFL reconstruction and had an extensive discussion with him about MPFL isometry and graft fixation. The fellowship ended with an International PF Study Group meeting and fantastic Sabi Sabi!

Thank You for Your Support

The Patellofemoral Foundation gratefully thanks all those who have supported the Foundation's efforts over this past year, and extends special thanks to the **Ronald Grelsamer Family (in memory of Ron's father Philippe); Smith and Nephew Endoscopy; Kinamed; Hartman Newspapers; The Alfred Trillat Fund** courtesy of **Philippe Neyret and associates** (Lyon, France); and **DJ Ortho** for their exceptional support in 2009.

Please help support the Patellofemoral Foundation's research and education efforts by sending donations to the address provided below. The PFF is a 501(c)3 non-profit organization making your gift tax deductible.

**Patellofemoral Foundation
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